

CDA COVID-19 UPDATE



A Message for CDA Stakeholders

Below is a snapshot of the Canadian Dental Association's (CDA) pandemic work for the week ending October 23, 2020.

This Week's Fast Facts: COVID-19 Situational Report

CDA's COVID-19 Team Lead, Dr. Aaron Burry, Associate Director for Professional Affairs, provides a video update on trends and case growth related to COVID-19 across Canada and in other parts of the world. Click on the image below to view the video discussion.



Video Length: 9 minutes. Recorded: October 22, 2020.

Key Points:

- The COVID-19 pandemic remains a fluid situation. Parts of Canada are experiencing significant community transmission.

- At this point in time, COVID-19 caseloads are unfortunately not progressing in the right direction. There are outbreaks in long-term care, childcare settings and in schools, which are driving the uptick in numbers.
- The latest information shows that people who gather in closed, non-clinical rooms (i.e. common areas) are at higher risk of spreading infection. As a result, more staff-to-staff infections are on the rise due to poor ventilation in these gathering areas, individuals taking their masks off, or not adhering to social distancing. These trends have been noted in healthcare settings.
- Take the pandemic seriously and stay up to date. Dental offices should be extra cautious if they are in “hot spot” community transmission areas. Continue to maintain social distancing, both inside and outside the operatory, and keep up with screening protocols as the situation continues to evolve.

Common Area Tips for Dental Offices:

- To help avoid the spread of infection, limit the number of staff in the lunchroom to only **one** person at a time.
- Staff should **always wear a personal mask** when at least one additional or more staff members are present in the same room.
- Staff should **maintain a 2 metre distance** from one another.



A preview of one poster in the *Be Vigilant Inside and Outside the Op!* series. Colours and text may vary as PDAs may adapt the materials for use by their member dentists. Dentists should be encouraged to use the posters and to discuss the importance of being vigilant with their staff.

Knowledge and Information Broker:

[CDA Oasis](#) is CDA’s primary channel of communication for delivering urgent information to the dental community during the COVID-19 pandemic.

This week's **CDA Oasis Bulletin** collated relevant and timely "[news that you can use](#)" related to COVID-19.

Reminder! **CDA Essentials, Issue 6** is available [online](#). Here are some of the edition's highlights:

- Starting a Dental Career During COVID-19;
- By the Numbers: Business Recovery from the Pandemic;
- Your COVID-19 Questions Answered;
- Being Vigilant Inside and Outside the Op; and
- Investigating an Increase in Tooth Fractures During COVID-19.



Click image to access Issue 6.

Mental Health and Wellness:

It's important to safeguard your mental health and overall wellness - especially during the COVID-19 pandemic.

Access mental health and wellness support through CDSPI's Members' Assistance Program (MAP) by calling **1.844.578.4040** or visiting www.workhealthlife.com. MAP provides a variety of resources to help individuals deal with life's challenges. It is a confidential counselling, referral and information service for individuals who are dealing with mental health challenges or need advice on topics such as physical fitness, nutrition or parenting. MAP services and resources are offered through Shepell, Canada's largest provider of Employee and Family Assistance Programs.



Free counselling, referral and information service for dentists, dental office employees, and their families.

CDA Help Desk:

CDA's Help Desk continues to assist dentists and dental office employees on how to navigate and access federal government support programs.

For assistance, please call **1-866-232-0385, M-F, 7:30 A.M. – 8:00 p.m. EDT.**



The CDA COVID-19 Response Team works diligently on a range of fronts to help minimize and mitigate the impacts of COVID-19 on the dental profession. CDA is working to address scientific, clinical, economic and business-related matters impacting dentistry, including efforts to increase awareness about the mental health and wellness of dentists, their families and dental office employees during these challenging times. CDA will communicate regular updates as new information becomes available.



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